



FOURTH ANNUAL CONFERENCE SOCIETY FOR THE STUDY OF PAIN- KERALA CHAPTER



KSSPCON 2023

KOCHI

(UNDER THE AEGIS OF INDIAN SOCIETY FOR THE STUDY OF PAIN)

Date : 9th & 10th December 2023, Venue : IMA House, Kaloor, Kochi

Scientific Programme Day I, Saturday December 9th 2023

7.30AM REGISTRATION			
TIME	TOPIC	FACULTY	CHAIR PERSON
08.00am - 09.00am	E - POSTER PRESENTATION		
09.00am - 10.05am	SESSION 1: SPINE		
09.00am - 09.10am	Clinical Evaluation For Diagnosis Of Low Back Ache	Dr. Bijoy Chirayath	Dr. Ravi Kalathur Dr. Ramkumar P
09.10am - 09.20am	FBSS- Approach To Management	Dr. Murali Krishnan	
09.20am - 09.30am	Interventions In Discogenic Pain-What Is New	Dr. Dhruv Bibra	
09.30am - 09.40am	Chronic Cervical Radiculopathy Management-An Overview	Dr. Madhan Pandian	
09.40am - 09.50am	Epidural Interventions-Evidence Based Management	Dr. Vineetha G Gopal	
09.50am - 10.05 am	DISCUSSION	All Faculty	
10.05am - 10.45am	SESSION 2: KSSPCON MASTERCLASS		
10.05am -10.35am	CHRONIC PELVIC PAIN: A Holistic Approach	Dr. Athmaja Thottungal	Dr. Teena Anne Joy Dr. Tisha Ann Babu
10.35am -10.45am	DISCUSSION	All Faculty	
10.45am -11.10.am	INAUGURATION WITH TEA BREAK		
11:10am - 12:05pm	SESSION 3 HEAD AND NECK		
11.10am -11.20am	Orofacial Pain -Diagnosis Made Easy	Dr. Nishad PK	Dr. Senthilkumar Raju Dr. Madhan Pandian
11.20am -11.30am	Headache - An Algorithmic Approach To Diagnosis	Dr. Ravi Kalathur	
11.30am -11.40am	Recent Advances In Headache Management	Dr. Dhruv Bibra	
11.40am -11.50am	Interventions In Head & Neck Pain -Role Of USG	Dr. Unnikrishnan	
11.50am - 12.05pm	DISCUSSION	All Faculty	
12:05PM - 01:05pm	SESSION 4: MUSCULOSKELETAL		
12.05pm -12.15pm	OA Knee - Current Management Protocol	Dr.Wiquar Ahmed P	Dr. Athmaja Thottungal Dr. Zachariah T Zachariah Dr. John T John
12.15pm -12.25pm	Myofascial Pain Syndrome -Dealing It Right	Dr. Shalina Chandran	
12.25pm -12.35pm	Adhesive Capsulitis -Current Clinical Treatment	Dr. Senthilkumar Raju	
12.45pm -12.55pm	Biologicals -Evolving Trend In Musculoskeletal Pathology	Dr. Firoz Khan N	
12.55pm - 01.05pm	Game Changer In Pain Management - Distal Sodium Channel Block	Dr Frank Amal	
01.05pm - 01.15pm	DISCUSSION	All Faculty	
01.15pm - 02.00pm	LUNCH		
02:00pm - 03:00pm	SESSION 5: A CHALLENGING CASE: HOW I HANDLED!! (10+5)		
02.00pm - 02.15pm	Case 1	Dr.Madhan Pandian	Dr. Dhruv Bibra Dr. Dilesh K
02.15 pm - 02.30pm	Case 2	Dr. Senthilkumar Raju	
02.30pm - 02.45pm	case 3	Dr. Ravi Kalathur	
02.45pm - 03.00pm	DISCUSSION	All Faculty	

03:00pm - 03:45pm	SESSION 6: VIDEO PRESENTATION- HOW I DO IT! (8+2)		
03.00pm - 03.10pm	Shoulder Joint Denervation :	Dr. Ramkumar P	Dr. Nishad P K Dr.Rajesh M C Dr.Jerry Paul
03.10pm - 03.20pm	Trigeminal Ganglion :RFA	Dr. Aksar Ashraf	
03.20pm - 03.30pm	Lumbar Sympathectomy	Dr. Ragesh I R	
03.30pm - 03.45pm	DISCUSSION	All Faculty	
04:00pm - 05:05pm	SESSION 7: MISCELLANEOUS		
04.00pm - 04.10pm	Post Herpetic Neuralgia Management-An Overview	Dr. Akkamahadevi	Dr. Baburaj Chakrapani Dr. Shaloo Iype Dr.Fijul Komu
04.10pm - 04.20pm	Bone Pain-Current Concepts	Dr.Shoba Nair	
04.20pm - 04.30pm	Opioid Prescription -Practical Concerns	Dr. Biju Raghavan	
04.30pm - 04.40pm	ESP Blocks -Scope In Pain Management	Dr. Ashish Kartik	
04.40pm - 04.50pm	Chronic Abdominal Wall Pain-Unveiling The Mystery	Dr.Najwa P T	
04.50pm - 05.05pm	DISCUSSION	All Faculty	
5.30pm	GBM		

8.00 pm

Gala Dinner

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Day 2 - WORKSHOP
Sunday, 10th December 2023
Time : 8.30 am to 4.00 pm
Venue : Lourdes Hospital, Pachalam

Interventional Procedures At Each Station		
Station	Procedures	Faculty
Station 1	Shoulder Interventions: Long Head Biceps Tendon, SASD Bursa, Supraspinatus Tendon, Posterior Glenohumeral Joint, Acromioclavicular Joint, Suprascapular Nerve.	Dr.Dhruv Bibra Dr. Najwa P.T
Station 2	Knee, Ankle, Hip Interventions: Hip Joint Intraarticular, GT Intervention,Suprapatellar Recess, Genicular Nerves, Tibiotalar Joint, Plantar Fascia	Dr. Senthilkumar Raj Dr. Ashish Kartik Dr.Arun Aravind
Station 3	Nerve Blocks For Perioperative Analgesia	Dr.Unnikrishnan Dr.Anju Annie Paul Dr.Amal Frank
	Tea Break	
Station 4	Celiac Plexus, Superior Hypogastric, Ilioinguinal-Iliohypogastric Nerves,LFCN	Dr.Wiquar Ahmed P Dr. Vineetha G Gopal
Station 5	GON,TON, Cervical MBB, Cervical Root Block, Stellate Ganglion Block.	Dr.Ravi Krishna Dr. Shalina Chandran
Station 6	Lumbar Spine: Facet ,MBB,TF, Caudal ,SI Joint Piriformis, Pudental Nerve Block.	Dr. Madhan Pandian Dr. Firoz Khan N
	LUNCH	
Station 7	Transforaminal,Sacroiliac, Medial Branch Block	Dr. Murali Krishnan Dr. Ramkumar P Dr. Aksar Ashraf
Station 8	Celiac, Lumbar Sympathetic	Dr. Bijoy Chirayath Dr. Akkamahadevi Dr. Ragesh I R

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ORGANIZING COMMITTEE



ORGANIZING CHAIRMAN
Dr. Ramkumar P



ORGANIZING SECRETARY
Dr. Tisha Ann Babu



SCIENTIFIC CHAIRMAN
Dr. Bijoy Chirayath



JOINT SECRETARY
Dr. Harindran N



TREASURER
Dr. Ragesh I R



WORKSHOP CONVENOR
Dr. Nishad P K

SSP KERALA EXECUTIVE COMMITTEE

PATRONS: Dr M R Rajgopal, Dr B Radhakrishnan

PRESIDENT: Dr Unnikrishnan

VICE PRESIDENT: Dr Nishad P K

HON. SECRETARY: Dr Tisha Ann Babu

TREASURER: Dr Ragesh I R

IMMEDIATE PAST PRESIDENT: Dr Bijoy Chirayath

GOVERNING COUNCIL MEMBERS

Dr Harindran N

Dr Rajesh M C

Dr Najwa P T

Dr Vineetha G Gopal

Dr Shalina Chandran

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INTERNATIONAL FACULTY



Dr. Athmaja Thottungal

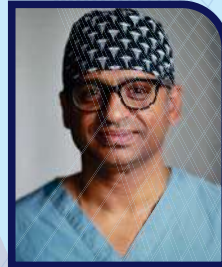
MBBS, FRCA, FFPMRCA, EDRA, FIPP, CIPS, Dip IBLM/BSLM
Sr. Consultant, Kent and Canterbury UK

NATIONAL FACULTY



Dr. Dhruv Bibra

FIPP (WIP, USA) and EDPM
(EFIC, Belgium)
Delhi



Dr. Ravi Krishna Kalathur

MD, AB FIPP & CIPS
Chennai



Dr. Madhan Pandian

MD, FIPM, CIPS, RMSK
Interventional Pain Sonologist
Pondicherry



Dr. Senthilkumar Raju

MBBS, MD, FIPM (Canada)
Consultant Pain Medicine, Coimbatore



Dr. Wiquar Ahmed P

(MBBS, DA, FIPM, CIPS)
Bengaluru

STATE FACULTY

Dr. Amal Frank
Dr. Aksar Ashraf
Dr. Akkamahadevi
Dr. Ashish Kartik
Dr. Arun Aravind
Dr. Anju Annie Joy

Dr. Bijoy Chirayath
Dr. Firoz Khan N
Dr. Murali Krishnan
Dr. Najwa P T
Dr. Nishad P K
Dr. Ragesh I R

Dr. Ramkumar P
Dr. Shalina Chandran
Dr. Shoba Nair
Dr. Unnikrishnan
Dr. Vineetha G Gopal



REGISTRATION TARIFF

Category	Early Bird Registration up to 31st August	Regular From 1st September	Delayed & Spot Registration From 1st December & Spot
CONFERENCE REGISTRATION			
ISSP & ISA Life Members	4500	5000	6000
PG	3000	3500	4000
Others	5000	5500	7000
WORKSHOP REGISTRATION			
CONF + WORKSHOP PG	6000	6500	7000
CONF + WORKSHOP ISSP & ISA LIFE MEMBERS	7500	8000	9000

(Conference Registration is Mandatory)

FOR REGISTRATION

CONTACT

Ms. Kavita: 8129 999 600
Dr Ragesh IR: 9778 444 618

ACCOUNT DETAILS

A/C Name: KSSPCON 2023
A/C NO: 923010024613270
IFSC: UTIB0002748
Bank: AXIS BANK LTD
Branch : Vennala

ADDRESS FOR COMMUNICATION

DR.TISHA ANN BABU

Organising Secretary
KSSPCON 2023

Interventional Pain Management

Lourdes Hospital, Kochi - 682012, Ernakulam

Mobile: 99464 454611 Email: ksspconsecretary@gmail.com

For Room Reservation at IMA House (Conference venue)

Please contact +91 9544429933

Limited rooms available. Please book at the earliest.